

# Toolkit

## Pedagogic Method

### 9 – Self-directed Learning

The Blurb



# Self-Directed Learning

Learning independently can be challenging, even for the most motivated students. There are understood to be four key stages to independent learning, known as self-directed learning: being ready to learn, setting learning goals and time management, engaging in the learning process, and evaluating learning.

In relation to the fashion-tech field an ability to self-direct and self-evaluate is critical. The fashion-tech sector requires graduates to be capable of planning and research, to creatively problem solve and innovate solutions with entrepreneurial mindsets. Self-directed learning promotes the development of self-confidence, initiative and perseverance.

Both independence and the ability to collaborate in interdisciplinary teams are necessary skills in fashion-tech, as such self-directed projects can be conducted by students individually or as part of a group.

## Audience

This resource is intended for students studying at postgraduate level (eg. MA, MSc etc.). It can be adapted for either individual or group work.

## Time Duration

Depending on the nature of the set brief, self-directed learning should be no shorter than one week and can last for the duration of a term/semester. Facilitators of longer projects should allow for more touch points throughout the duration of the project to offer guidance and feedback to students and assess progress.

## Resources

- Project brief
- Project contract template
- Self-assessment template

